

HO HO HO HAPPY HOLIDAYS!

Dear Members of the BCPWSA,

We are excited to announce a simple, easy fundraiser that can be an excellent Christmas gift. The QSP fundraising organization has set up an online account for us for renewal and selling of magazine subscriptions. There are hundreds of titles to choose, and a great gift that someone can receive all year long. This fundraiser is ongoing, without a time limit so keep it in mind throughout the year. We get approximately \$10 per subscription. All addresses must be Canadian. Attached are sample letters to send out to friends or family as well as instruction for you. Every little bit enables us to have conferences and do the basics of running the website, banking fees, and providing outreach to families affected by PWS.

Are you on Facebook? Thinking about being on Facebook? The BCPWSA now has a Facebook page! Please "Like" us here <https://www.facebook.com/bcpwsa?ref=hl> Why would I want to do this, you may ask? The Facebook page enables our organization to update you more frequently than the website (since it is free) and we post links to relevant, helpful sites with great info on the challenges of Prader Willi Syndrome. You can also connect with other members, here and further afield. Suggest to your other Facebook Friends to Like our page and help spread awareness.

We also wanted to tell members about some new research happening in the PWS world. FPWR held its annual Research Conference recently. If you would like to see the slides of the presentation, go to this site <http://fpwr.org/conference2012> and request them. There are some very interesting discoveries about the use of an over the counter supplement called N-Acetyl Cysteine (aka NAC) and its effectiveness on the skin picking problem. Also, here is a link to a document from the Vanderbilt Kennedy Center PWS Lab regarding this treatment. <http://dl.dropbox.com/u/100239716/PharmaNacLetter.pdf>

The Vanderbilt Kennedy Center is also recruiting patients for studies at their lab in Tennessee. They provide for a fairly generous reimbursement so if you ever wanted to see Graceland and some premier experts in PWS in one shot, now is your chance!

last reminder that in order to avoid being on Santa's naughty list, and to be a member in good standing, your BCPWSA membership dues must be paid prior to December 31, 2012

Hope you all have a safe and happy Holiday!

The BC Prader-Willi Syndrome Association